



Because  
Experience  
Counts

## The Essential Guide to ISO 45001 Success

Unlocking organisational  
resilience through health, safety,  
and wellbeing








# Why ISO 45001 Matters



ISO 45001:2018 gives you a global framework to reduce risk, boost resilience, and improve performance — by putting health, safety, and wellbeing first.

## This guide will help you:

-  Understand ISO 45001 - Why it's essential today.
-  Learn from Success - Real-world results.
-  Take Action - Steps to get started.

*The certification is valid for three years subject to successful completion of (at least) annual surveillance audits.*

# What is ISO 45001?



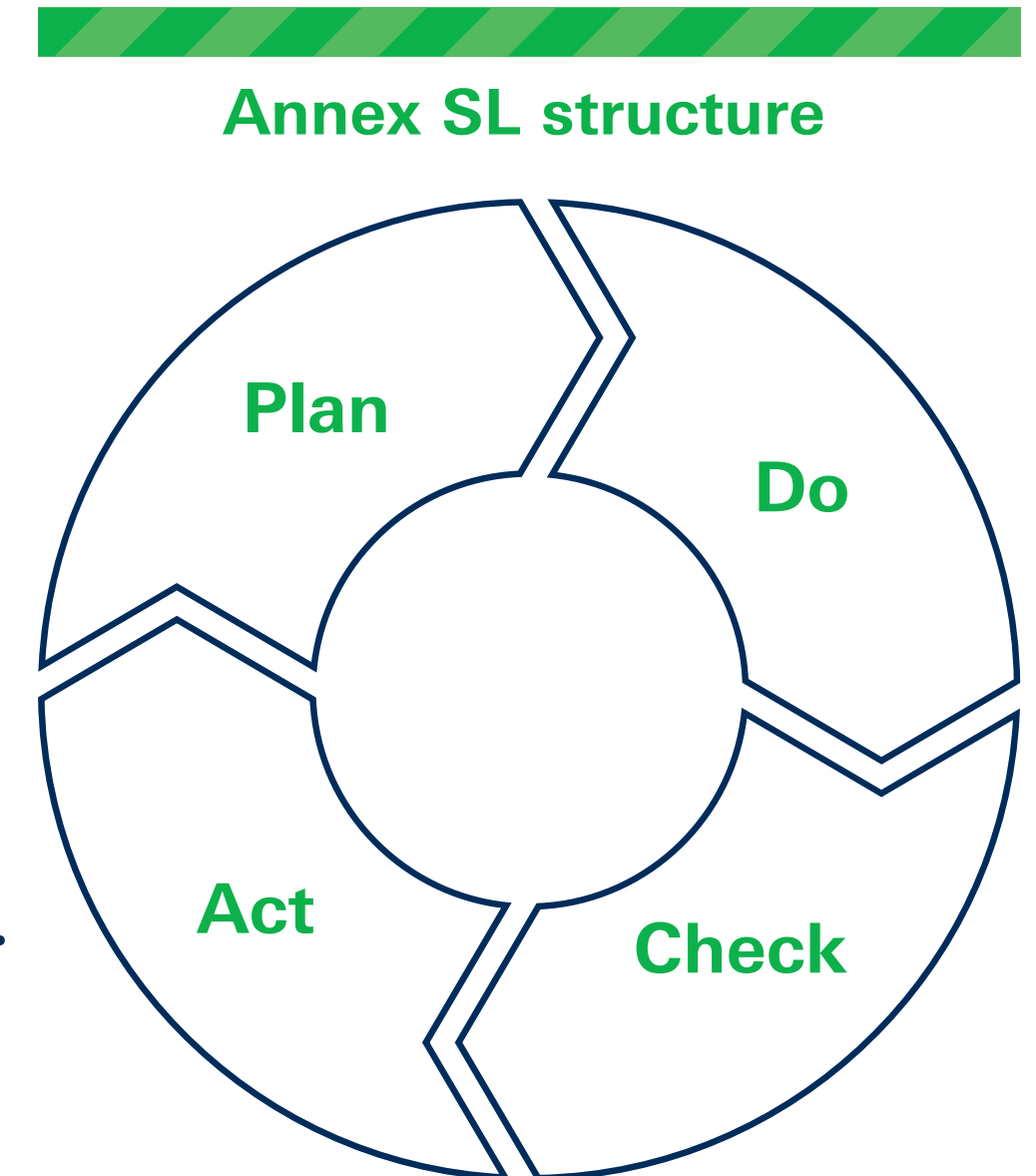
ISO 45001 is the **first international OH&S management system standard**. It aligns with the Annex SL high-level structure used in ISO 9001 and ISO 14001.

## Key features:

- Based on the Plan-Do-Check-Act (PDCA) cycle
- Emphasises leadership and employee involvement
- Promotes continual improvement

## Who is it for?

Any organisation, any size, any sector. Whether you're starting out or strengthening an existing system, ISO 45001 provides a proven structure.



# Business Benefits of ISO 45001



## Organisations using ISO 45001 benefit by:

- ✓ Preventing harm through structured risk management
- ✓ Strengthening leadership and culture
- ✓ Improving readiness for disruption
- ✓ Enhancing credibility and meeting ESG goals

It's not just about compliance—it's about building a stronger, more adaptive business.

# Case Study: The Richmond Fellowship Scotland



**Who they are:** A major voluntary sector health and social care provider with 2,600+ staff.

**Why ISO 45001?** To standardise OH&S across locations and engage leadership and frontline teams.

## Key actions:

- ➔ Conducted a gap analysis
- ➔ Involved all levels of staff in implementation
- ➔ Aligned wellbeing with OH&S objectives

## Results:

- ✓ Improved incident prevention and reporting
- ✓ Stronger leadership accountability
- ✓ Certification achieved, with improved culture and trust

“

Working with British Safety Council was such a smooth process...Overall, it has been a fantastic experience....I actually don't feel that we would have got it [the ISO45001] without building this invaluable relationship. – TRFS Representative

”

# How We Can Help



## British Safety Council provides expert audits and support:

- ✓ Gap analysis and readiness reviews
- ✓ Certification audits
- ✓ Practical, tailored expert advice

Our auditors helped shape ISO 45001 guidance and bring deep expertise to support your success.

# Take the Next Step



## Assess readiness:

Is leadership engaged ?

Are risks systematically managed ?

Do workers participate in safety improvements ?

**Ready to take action?** Join the growing number of organisations achieving ISO 45001 with confidence. Let British Safety Council guide you every step of the way.

**We have supported major global brands and  
organisations worldwide**



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