1. Jamie is 17 years old and has a Saturday job in a supermarket. He must take reasonable care of
   A. himself only.
   B. himself and members of staff only.
   C. customers only.
   D. all staff and customers.

2. Claire owns an events company. She has three full-time staff and employs temporary staff as required. She must
   A. supervise her staff at all times.
   B. provide health and safety training for all staff.
   C. provide health and safety training for full-time staff only.
   D. provide health and safety training for temporary staff only.

3. The main purpose of a risk assessment is to
   A. eliminate all risks.
   B. ensure that accidents don’t happen.
   C. reduce the risk of injury or ill-health.
   D. help an organisation meet its legal requirements.

4. The first stage in a risk assessment is to
   A. decide upon the level of risk.
   B. identify who might be harmed.
   C. identify the hazards.
   D. evaluate the existing control measures.

5. The best way to reduce risk is to
   A. get rid of the hazard.
   B. prevent access to the hazard.
   C. reduce exposure to the hazard.
   D. wear the correct personal protective equipment.

6. Most workplace injuries are caused by
   A. fire.
   B. electricity.
   C. manual handling.
   D. moving vehicles.
7. What is the best way to protect pedestrians from lorries on a construction site?
   A. High visibility jackets for the pedestrians.
   B. Properly trained drivers.
   C. Flashing lights on the lorries.
   D. Clearly marked walkways for the pedestrians.

8. When lifting a load from the floor, you should stand with your
   A. feet together, legs straight.
   B. feet together, knees bent.
   C. feet slightly apart, knees bent.
   D. feet wide apart, legs straight.

9. A safety sign indicating that you **MUST** do something is
   A. red.
   B. blue.
   C. green.
   D. yellow.

10. You have been provided with disposable earplugs to protect against noise. However, they keep falling out. What should you do?
    A. Throw them away and work without them.
    B. Stop work and report the problem to your manager.
    C. Carry on using them, even though they keep falling out.
    D. Buy some new ones.

Answers (assessment criteria in brackets)

1. D (1.1)
2. B (1.3)
3. C (2.3)
4. C (2.2)
5. A (3.3)
6. C (4.1)
7. D (3.4)
8. C (3.4)
9. B (3.4)
10. B (4.2)